

What to Bring to Camp

IF YOUR CHILD HAS BEEN SICK RECENTLY PLEASE DO NOT SEND THEM TO CAMP

- A bottom sheet for your bed
- A good, sturdy bag (not carrier bags)
- Warm sleeping bag
- Blanket
- Pillow
- Pyjamas
- Torch
- Washbag (soap, toothbrush, toothpaste etc)
- Warm stuff – warm hat, thick socks, fleece, long trousers
- Cool stuff – sun hat, t-shirts, shorts, ordinary socks
- Wet stuff - Waterproof jacket
- Shoes - Good pair of sturdy shoes for walking, Gumboots, One other pair of shoes (covered toes) i.e. trainers
- Swimming togs
- Towel x 2
- Sun screen
- Any medication you use regularly i.e inhaler, hayfever meds etc

What not to bring to camp

Cigarettes, chewing gum, MP3 players/ipods, radios, sheath or pocket knives, alcohol, drugs or any unnecessary valuables.

Lost Property

It is advisable to carry out your own lost property check at the end of your visit, however if after returning home you find that there is something missing, please don't hesitate to contact reception on the main Living Springs number and we can check our lost property.

Lost items (if found) can be picked up from reception during office hours or returned at owners expense.

Please note: Items are only held at Living Springs for one month.